



### **Sun Protection Policy**

Children will be encouraged to play outdoors each day. This will ensure that children have an opportunity to be exposed to sunlight, which helps their bodies to make vitamin D. Parents will be advised to provide sunscreen for their child for the nursery to apply when necessary. At ACE Place Nursery we acknowledge the importance of sun protection and want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this through:

#### **Protection :**

When the sun is strong we will encourage children to sit/play in the shade where it is available.

Children's time outside will be limited to 30 minutes between the times of 11am and 2pm.

A plentiful supply of clean drinking water will be available and children will be encouraged to drink regularly.

Children under six months old will not be exposed to the sun and will remain in the shade at all times.

Children will be encouraged not to look directly at the sun.

#### **Clothing:**

Children are required to wear hats that cover the ears, face and neck whilst outside during the month of April to September. We have bought some nursery hats to give to children who forget their own however parents should be prompted regularly to bring a suitable hat for their child.

#### **Sunscreen:**

Parent's/Carer's will consent to staff applying sunscreen on their child's Personal Details Form.

Staff will ensure that before going outside all children will have sunscreen applied between the months of April and September where the weather would indicate it is appropriate to do so. The manager will confirm this if there is any uncertainty and will reference the UV indicator, anything 3 rating or over will require sun protection.

Children will bring in their own clearly labelled bottle of sunscreen, at least factor SPF 15+ and should have a 'UVA' label with at least four stars.

Parents/carers will be asked to test the sunscreen on their child prior to nursery usage.

We cannot provide sunscreen to all children on a daily basis due to allergies. The staff team will review this annually.

Sunscreen will be applied regularly as per instructions on individual sunscreen, with a minimum application of once every four hours.

It is preferable that each child's sunscreen is left within the nursery and will be returned to parents in October.

#### **Staff :**

All staff are encouraged to wear hats and sunscreen when outside to set a good example.

This policy was developed using guidance from Cancer Research UK.

Reviewed April 2017